



Forgiving  
For  
Living, Inc.  
a 501 (c) 3, non-profit organization



# Annual Report 2023



## MESSAGE FROM **FOUNDER & PRESIDENT**



Forgiving For Living, Inc., was established in 1999 with the purpose of helping the lives of girls at risk who need a little help. We have stayed true to that mission even with the setbacks from the pandemic. We want to thank all of our sponsors, friends, and supporters who have stayed with us through thick and thin. I also want to thank the various organizations that we are blessed to partner with such as the Boys and Girls Clubs of Metro LA, Positive Results Center (PRC), and the African American Alliance Fund (AAAF). Together we have made an impact on many lives.

Overall, I would not be able to do what I do without the support of an amazing Board of Directors. Thank you, Sarah Harris, Board Chair, Dr. Lauren Walton, Vice Chair, Bryan Barnes, Treasurer, Sabra Marie, Secretary, and Eric Brown, Member at Large. Together we make a mighty team impacting lives today that will change the world tomorrow.

In closing, thank you to U.S. Bank, Comerica Bank, SoCalGas, The California Wellness Foundation, the African American Alliance Fund, KABC7, Suite Life SoCal magazine, Sabra Marie Photography, and Thrivent.

Cherish your loved ones while you can. Tomorrow is not promised. Do the most you can each day to make a difference in someone else's life.

Healing Without Hate: It's a Choice, It's a Lifestyle,  
Pass it On!

Blessings,

***Coach Wendy***

# About Us

## Message to Supporters and Friends

Forgiving For Living, Inc. (FFL) was founded in 1999 with the mission to help at-risk girls between the ages of 13-18 overcome behavioral and mental health issues in addition to low self-esteem due to depression, abuse and/or abandonment. We help provide the necessary tools to live a healthy life through our Ambassador Program, workshops, and annual Conference, which offers mentoring and life skills. To date, we've touched the lives of over 3,000 girls.

## Forgiving For Living Programs

- ▶ Ambassador Mentoring Program
- ▶ Workshops & Annual Conference

Forgiving For Living, Inc. was incorporated in 1999 by Wendy Gladney to help women and girls who suffer from abuse, abandonment and low self-esteem. Coming from a childhood filled with sexual abuse by her father and abandonment by her birth mother, Wendy decided that she wanted to dedicate part of her life to helping others learn how to forgive so they could heal and move forward to enjoy a full and productive life.

Through the years Wendy has also experienced divorce, cancer, single parenting and building a business while taking care of her two children. Wendy viewed life's challenges as stepping stones instead of stumbling blocks to help teach others how they too can overcome and be successful. Out of the ashes she developed ten steps that have been a cornerstone in the "Healing Without Hate: How To Forgive To Live" process.





## Board of Directors

### FOUNDER & PRESIDENT

Wendy Gladney

### BOARD CHAIR

Sarah Harris  
President/Publisher,  
SuiteEvents

### BOARD VICE CHAIR

Lauren Walton, MD  
Addiction Psychiatrist

### BOARD TREASURER

Bryan O. Barnes  
Regional Director, INROADS (Retired)

### BOARD SECRETARY

Sabra Marie  
Freelance Photographer, Writer &  
Community Relations Consultant

### MEMBER

Eric R. Brown  
Director, Legislative & Intergovernmental  
Relations, Housing Authority, City of Los  
Angeles

## Advisory Council

Charisse Bremond-Weaver  
President & CEO,  
Brotherhood Crusade

Darrell R. Brown, Retired  
Senior Vice President,  
U.S. Bank, Greater Los Angeles Region

Karen E. Hudson  
Director,  
Paul R. Williams Architectural Collection

Michèle G. Turner, Ph.D  
Executive Director  
USC Black Alumni Association

## Community Partners





# PROGRAMS

## Ambassador Program

Forgiving for Living selects girls, ages 13-18, to participate in the FFL Ambassador Program. As an FFL Ambassador, the young ladies are mentored in the areas of Forgiveness, Life Skills, Community Involvement, Social Etiquette, and Educational Responsibility.

The FFL Ambassador Program provides each young lady a one-on-one relationship with a successful professional woman for the period of 1 year. During this time the Ambassador will receive an enriched, hands-on relationship with their mentor to provide potentially positive life-changing experiences for both parties.

Ambassadors are mentored individually and conduct community outreach in the greater Los Angeles area and Inland Empire.

All FFLAP mentors are required to administer one-on-one mentoring, attend FFLAP Kick-Off and a monthly workshop, take mentee to observe mentor work environment, and participate in our annual PLUS Awards

THE BLACK BUSINESS ASSOCIATION PRESENTS THE

CELEBRATING 20 YEARS

2023

*Salute to*  
**BLACK WOMEN**  
BUSINESS CONFERENCE

*Youth Forum*  
**Role Models For Success**

PRESENTED BY  
*Forgiving For Living, Inc.*

PANEL SPEAKERS

- Kim Anthony-Morrow**  
Chief Executive Officer, Urban Excellence Institute, BBA Vice Chair
- Mignon Blanc**  
Maternal Infant Care, Sales Specialist, GE HealthCare
- Christina Dove**  
Actress, Content Creator, Author, and Motivational Speaker
- Dawnchelle Holmes**  
Multicultural Publicity & Faith Marketing Executive, Eden Digital Group

**Moderator**  
**Courtney Sabra Marie Gladney**  
Media & Marketing Specialist, Housing Authority City of Los Angeles (HACLA), Photographer, Sabra Marie Photography

SPONSORED BY: EDISON, NORTHROP GRUMMAN, SENTINEL, usbank, THE AFRICAN AMERICAN ALLIANCE FUND, SoCalGas, Forgive For Living, Inc., Suite Life, ACP, FDP, abc7, BBA

COMMUNITY PARTNERS: SUITE LIFE, ACP, FDP, abc7

BBALA.ORG  
323.691.9334  
mail@bbala.org

Sponsorship & Vendor Opportunities Available. FFLV BIPN Dedication until Feb. 24th!

“You took the time to talk to us about things our parents never did.” - Asia



Forgiving For Living, Inc.  
PRESENTS  
**AMBASSADOR**  
*Youth*  
**WORKSHOP**



**Wendy Gladney Williams**  
FFL Founder/CEO, and Event Host

with GUEST SPEAKER:  
**NICHOLE BELL**  
Field Operations Manager, SoCalGas

**WEDNESDAY, MAY 24, 2023**  
4-5PM  
Boys & Girls Club  
Watts/Willowbrook

SPONSORED BY  


[FORGIVINGFORLIVING.ORG](http://FORGIVINGFORLIVING.ORG)



BRING AN UNWRAPPED TOY AND WIN A \$500 GIFT CARD!

Forgiving For Living, Inc.

**ANNUAL BLACK PROFESSIONALS HOLIDAY PARTY**

SATURDAY DECEMBER 9 7PM-11PM

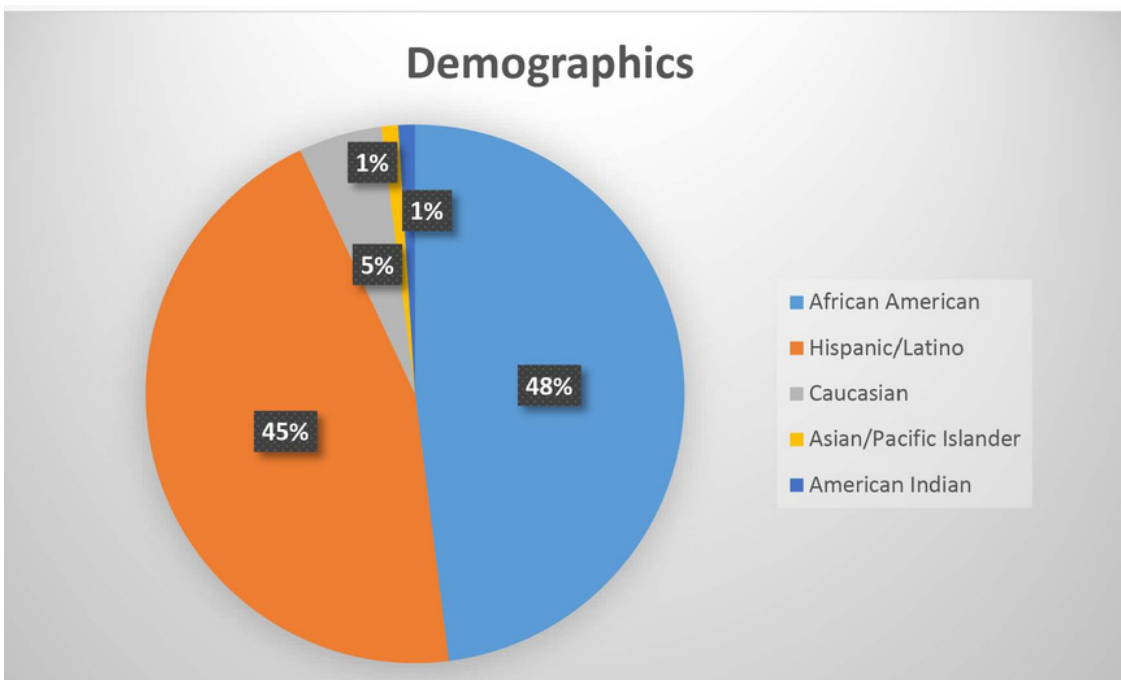
VENUE  
RENAISSANCE LOS ANGELES AIRPORT HOTEL  
9620 AIRPORT BOULEVARD, LOS ANGELES, CALIFORNIA 90045  
eventbrite: BlackProParty.Eventbrite.com

Music by DJ K-NEAL

SPONSORED BY  
AFRICAN AMERICAN ALLIANCE FUND | INLAND VALLEY NEWS | Keeping It 100 | The Belts Network | BNOG

## Programs by the Numbers

(Youth (Girls) between the ages of 10 - 17. Total Served in 2023 = 350 girls in a combination of in-person, virtual, and hybrid



of the girls we serve are part of the

**LGBT COMMUNITY**

*Congratulations to our*  
**2023 Scholarship Recipients**



Alisjsa Traylor



Nytalia Buchanan



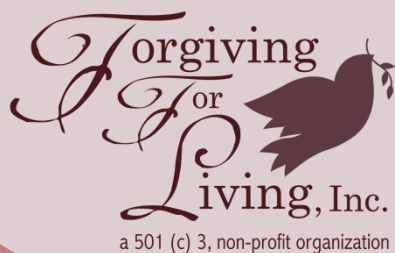
Precious Jones

# Financial Review

## OVERVIEW

Beginning Balance	\$31,642
Total 2023 Income	\$50,373
Total 2023 Expenses (Including Scholarship Given)	\$42,868
Ending Checking Balance	\$39,147
Reserves (Savings)	\$23,938

<b>2023 Ending Grand Total:</b> (Checking + Savings)	<b>\$63,085</b>
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# 2023 Sponsors

& Supporters  
(In-Kind Donations)



LAUREN WALTON, MD





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INLAND EMPIRE:  
PO Box 1313  
Upland, CA 91785  
(951) 313-4732

LOS ANGELES:  
4859 W. Slauson Avenue #449  
Los Angeles, CA 90056

For more information  
about our programs,  
visit us online at:  
[www.forgivingforliving.org](http://www.forgivingforliving.org)



/ForgivingForLiving.Inc



@4giving4living

Tax ID # 33-0883264