



a 501 (c) 3, non-profit organization

# Annual Report 2020



## MESSAGE FROM FOUNDER & PRESIDENT



Words cannot express the heaviness and devastation we all experienced in 2020. The world changed and will never be the same. The pandemic took lives across the globe and civil and social unrest flipped the script on racial justice like never before. As much as things changed, in reality, we've been here before. Plagues and racism are not new topics, but how we deal with them has changed. A new revolution has begun and we all must play our part to right wrongs that have been with us for generations. Forgiving For Living is committed to empowering young women to believe in themselves and to let their voices be heard.

With the pandemic, we had to shift on how we served the community, but like everyone zoom became our friend. We are grateful that we were able to still serve girls in Southern California, participate in the Los Angeles Urban League's Summer Youth Graduation and provide scholarships to worthy young ladies. We also participated in the #BWLLA / #BlackWomenLeadersofLosAngeles. Together we worked on providing resources to those in need.

We want to thank our sponsors and supporters that continue to stand with us to help make a difference. Without you, we would not be able to do the work we do to help those that often feel left out or left behind. Together we can continue to make a difference.

In closing, I also must thank our committed Program Director, Marqueta Oliver-Kilgore, and the Forgiving For Living Board, Dr. Lauren Walton, Bryan Barnes, Sabra Marie, Sarah Harris, and Eric Brown. Each of you is the glue for the girls we serve. Thank you!

*Healing Without Hate: It's a Choice, It's a Lifestyle, Pass it On!*

Blessings,

***Coach Wendy***



# About Us

## Message to Supporters and Friends

Forgiving For Living, Inc. (FFL) was founded in 1999 with the mission to help at-risk girls between the ages of 13-18 overcome behavioral and mental health issues in addition to low self-esteem due to depression, abuse and/or abandonment. We help provide the necessary tools to live a healthy life through our Ambassador Program, workshops, and annual Conference, which offers mentoring and life skills. To date, we've touched the lives of over 3,000 girls.

## Forgiving For Living Programs

- ▶ Ambassador Mentoring Program
- ▶ Workshops & Annual Conference
- ▶ Annual PLUS Awards

Forgiving For Living, Inc. was incorporated in 1999 by Wendy Gladney to help women and girls who suffer from abuse, abandonment and low self-esteem. Coming from a childhood filled with sexual abuse by her father and abandonment by her birth mother, Wendy decided that she wanted to dedicate part of her life to helping others learn how to forgive so they could heal and move forward to enjoy a full and productive life.

Through the years Wendy has also experienced divorce, cancer, single parenting and building a business while taking care of her two children. Wendy viewed life's challenges as stepping stones instead of stumbling blocks to help teach others how they too can overcome and be successful. Out of the ashes she developed ten steps that have been a cornerstone in the "Healing Without Hate: How To Forgive To Live" process.







## Our Vision

The Vision of Forgiving For Living, Inc. is to give our girls hope and purpose through understanding the power and importance of forgiveness. We hope to restore one's self esteem, self-confidence and provide tools for a better and more productive life.





## Board of Directors

### FOUNDER & PRESIDENT

Wendy Gladney

### BOARD CHAIR

Sarah R. Harris  
President/Publisher,  
SuiteEvents

### BOARD VICE CHAIR

Lauren Walton, MD  
Addiction Psychiatrist

### BOARD TREASURER

Bryan O. Barnes  
Regional Director, INROADS

### BOARD SECRETARY

Sabra Marie  
Freelance Photographer, Writer &  
Community Relations Consultant

### MEMBER

Eric R. Brown  
Director, Legislative & Intergovernmental  
Relations, Housing Authority, City of Los Angeles

## Advisory Council

Charisse Bremond-Weaver  
President & CEO,  
Brotherhood Crusade

Darrell R. Brown, Retired  
Senior Vice President,  
U.S. Bank, Greater Los Angeles Region

Karen E. Hudson  
Director,  
Paul R. Williams Architectural Collection

Ms. Shabazz  
Author and Speaker

Michèle G. Turner, Ph.D.  
Executive Director,  
USC Black Alumni Association

## Community Partners



**BOYS & GIRLS CLUBS**  
OF METRO LOS ANGELES





## PROGRAMS

### Ambassador Program

Forgiving for Living selects girls, ages 13-18, to participate in the FFL Ambassador Program. As an FFL Ambassador, the young ladies are mentored in the areas of Forgiveness, Life Skills, Community Involvement, Social Etiquette, and Educational Responsibility.

The FFL Ambassador Program provides each young lady a one-on-one relationship with a successful professional woman for the period of 1 year. During this time the Ambassador will receive an enriched, hands-on relationship with their mentor to provide potentially positive life-changing experiences for both parties.

Ambassadors are mentored individually and conduct community outreach in the greater Los Angeles area and Inland Empire.

All FFLAP mentors are required to administer one-on-one mentoring, attend FFLAP Kick-Off and a monthly workshop, take mentee to observe mentor work environment, and participate in our annual PLUS Awards.



“You took the time to talk to us about things our parents never did.” - Asia







## PROGRAMS

### Watts Willowbrook (Boys & Girls Clubs of Metro Los Angeles)

Forgiving For Living, Inc. provides an approved on-going curriculum to young ladies in both the Los Angeles & San Bernardino Counties. The curriculum focuses on helping restore and build up the self-esteem of at risk girls who may have a difficult time believing in themselves. We also believe it is important to provide them with mentoring and life skills that will carry them beyond high school and college. These skills include financial literacy, as well as exposing them to resources and opportunities to increase their success in life. Upon completing the necessary steps and requirements the young ladies can qualify and apply for an academic scholarship.

**WENDY GLADNEY**  
JOINS **LESLIE SYKES**  
**THURSDAY, JULY 30TH**  
**@ 6:10AM ON ABC 7**  
to discuss Forgive For Living, Inc.

*Forgive For Living, Inc.*  
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“Forgiving for Living is a reminder that I’m free to be me. And to be kind to myself and to others.” - *Victoria*



## Representing Forgiving For Living, Wendy was a guest speaker at the LA Urban League's 2020 Youth Academy

Recording



## Scholarship Recipients sponsored by SoCalGas



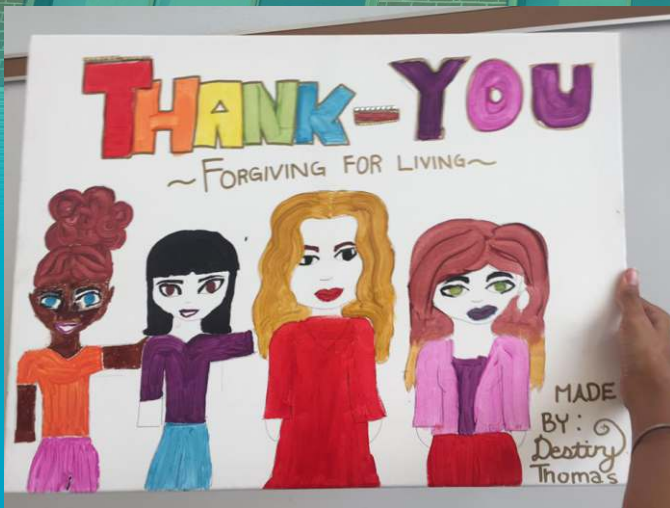
Imani Elston



Awa Raissaton Kologo







“You taught us about *life*.  
This program was very *empowering*.  
It gave me *confidence*.”  
- *Destiny*

Words the girls picked  
that remind them of FFL:

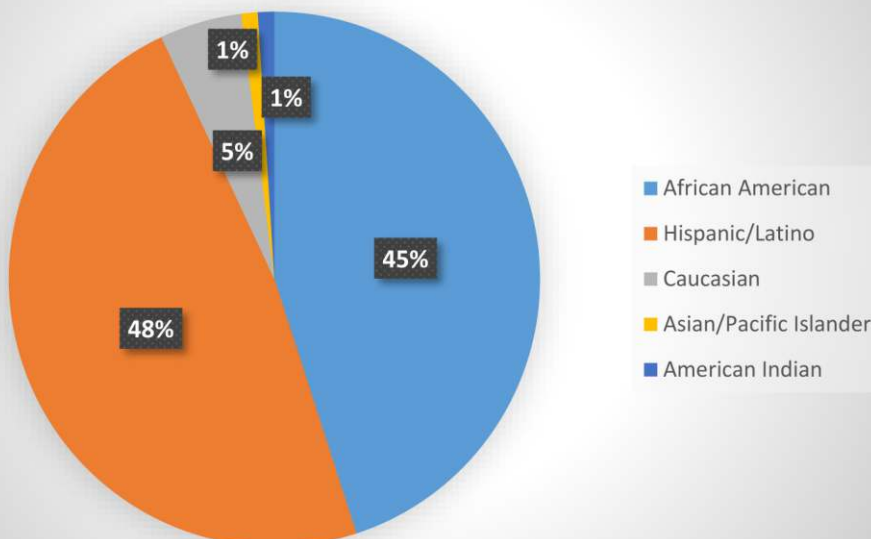
Love  
Warrior  
Hope  
Believe  
Trust



## Programs by the Numbers

(Youth (Girls) between the ages of 10 - 17. Total served in 2020 = 250 girls virtually!)

### Demographics



10%

of the girls  
we serve are  
part of the

**LGBT  
COMMUNITY**



# Forgiving For Living, Inc.

HONORING

PRESIDENT'S AWARDEE

**Karen A. Clark**

Senior Vice President,  
Multicultural Strategies  
City National Bank

COMMUNITY AWARDEES

**Pamela Bakewell**

EVP & COO,  
The Bakewell Company,  
L.A. Sentinel, L.A. Watts Times,  
and the Taste of Soul

**Heather Hutt**

State Director,  
Office of U.S. Senator  
Kamala D. Harris

**Youlonda  
Copeland Morgan**

Vice Provost,  
Division of Enrollment  
Management/UCLA

**Gregory C. Scott**

President & CEO,  
Community Action  
Partnership of Orange County

**Stephanie Wiggins**

Chief Executive Officer,  
Metrolink





# 13TH ANNUAL *Plus Awards* PRESENTATION

**Forgiving For Living, Inc.**  
would like to thank our  
**2020 Plus Awards Honorees**  
for their service and leadership.

Due to COVID-19, we were not able to  
honor you in person, but we wanted you  
to know we appreciate you!

Sincerely,  
**Wendy Gladney, Founder**  
and the  
**Forgiving For Living, Inc.**  
**Board of Directors**

SPONSORED BY

**CITY NATIONAL BANK**

AN RBC COMPANY



**FORGIVINGFORLIVING.ORG**





*Congratulations to our*  
**2020 Plus Awards Scholarship Recipients**







# 9th Annual Healthy, Wealthy & Wise Conference

Planned for October 2020  
Rescheduled to January 30, 2021

## PROGRAM PARTICIPANTS

### MODERATOR

**Sabra Marie**

Secretary, Forgiven For Living, Inc. | Photographer

### PRESENTERS

**Dr. Lauren Walton**

Psychiatrist - Suicide Prevention  
VP, Forgiven For Living, Inc.

**Jennifer Smith, MFT**

Overcoming Depression & Grief  
Positive Results Center, Inc.

**Brittani Johnson**

Youth Coordinator Navigating STDs & HIV in Today's World  
Forgotten Children, Inc. (FCI)

**Charlene L. Usher, Esq.**

Understanding Your Possibilities  
Founder & Managing Attorney, Usher Law Group, P.C.

**Lucy Babiryan**

Financial Literacy  
VP Small Business Banking Specialist, Comerica Bank

**Forgiving For Living, Inc.**  
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**PRESENTS ITS**

**9TH ANNUAL  
HEALTHY, WEALTHY  
AND WISE  
Virtual Conference**

**GIRLS NAVIGATING COVID-19 IN 2021**

**SAVE THE DATE** **SATURDAY, JANUARY 30, 2021**  
**10:00AM - 12:30PM PST**

**HOST**  
**WENDY GLADNEY**  
President & CEO

**FREE TO ALL GIRLS**  
between ages 12-18,  
but you must RSVP.

**MODERATOR**  
**SABRA MARIE**  
Photographer  
Secretary, Forgiven For Living, Inc.

**PRESENTERS**

**CHARLENE L. USHER, ESQ.**  
Understanding Your Possibilities  
Founder & Managing Attorney,  
Usher Law Group, P.C.

**JENNIFER SMITH, MFT**  
Overcoming Depression & Grief  
Positive Results Center, Inc.

**LUCY BABIRYAN**  
Financial Literacy  
VP Small Business  
Banking Specialist,  
Comerica Bank

**DR. LAUREN WALTON**  
Psychiatrist - Suicide Prevention  
VP, Forgiven For Living, Inc.

**BRITTANI JOHNSON**  
Youth Coordinator  
Navigating STDs &  
HIV in Today's World  
Forgotten Children, Inc. (FCI)

**SABRA**  
**LAUREN**  
**JENNIFER**  
**BRITTANI**  
**CHARLENE**  
**LUCY**

**RSVP to Wendy Gladney at [wendy@forgivingforliving.org](mailto:wendy@forgivingforliving.org)**

**SPONSORED BY**

**SoCalGas** **THE CALIFORNIA WELLNESS FOUNDATION** **Comerica Bank** **Wendy Enterprises** **Sabra Marie PHOTOGRAPHY** **SUITE LIFE**

The Healthy, Wealthy, & Wise Conference is an annual event designed to provide information and awareness in the areas of developing and leading healthy lifestyles, fitness & nutrition, financial literacy, college preparedness, self-esteem, and goal setting. Working professionals donate their time by providing valuable tools and knowledge in their areas of expertise in our workshops. These tools and information are provided to assist the youth with making wise choices in life.

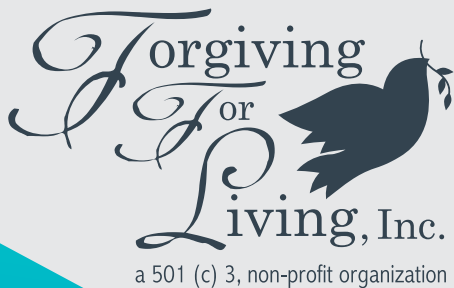




# Financial Review

## OVERVIEW

Beginning Balance	\$9,756.00
Total Revenue Raised in 2020	\$93,302.09
Total 2019 Expenses	\$58,299.86
Ending Checking Balance	\$44,758.23
Balance in Savings	\$20,429.82
2020 Ending Grand Total:	\$65,188.05
(Checking + Savings)	







Iris Smith

Lauren Walton, MD

Ken Brooks &  
Family Charitable Fund



Sabra Marie  
PHOTOGRAPHY



# 2020 Sponsors

& Supporters  
(In-Kind Donations)





Forgiving  
For  
Living, Inc.

a 501 (c) 3, non-profit organization

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Upland, CA 91785  
(951) 313-4732

For more information  
about our programs,  
visit us online at:

[www.forgivingforliving.org](http://www.forgivingforliving.org)

LOS ANGELES:

4859 W. Slauson Avenue #449  
Los Angeles, CA 90056  
(951) 313-4732



/ForgivingForLiving.Inc



@4giving4living

Tax ID # 33-0883264