



2025 ANNUAL REPORT

Forgiving
For
Living, Inc.
a 501 (c) 3, non-profit organization



Message From

FOUNDER & PRESIDENT

We are living in difficult times, but the work that we do still remains the same. All of us at Forgiving For Living, Inc. are grateful to still be standing and able to serve young women and girls across Los Angeles, Orange, Riverside, and San Bernardino Counties. We are also proud to have collaborated with a few other nonprofit organizations serving the community.

In 2025, Forgiving For Living, Inc., also served as the host for the youth conference at the Black Business Association's 2025 Salute to Black Women Conference during Women's History Month. We were happy to sow into close to seventy five young ladies. None of the work we do could happen without our supporters and sponsors: Comerica Bank, U.S. Bank, SoCalGas, African American Alliance Fund, Thrivent, KABC7, Suite Life SoCal, and The Purpose Partner.

Thank you to the Board of Directors Sarah Harris, Dr. Lauren Walton, Bryan Barnes, Courtney Harris, and Eric Brown. You are the wind beneath our wings. On behalf of all of us, we thank you again for standing with us.

Healing Without Hate: It's a Choice; It's a Lifestyle; Pass it On!

Coach
Wendy
Life Strategist / Consultant / Author / Speaker

ABOUT US

Message to Supporters and Friends

Forgiving For Living, Inc. (FFL) was founded in 1999 with the mission to help at-risk girls between the ages of 13-18 overcome behavioral and mental health issues in addition to low self-esteem due to depression, abuse and/or abandonment. We help provide the necessary tools to live a healthy life through our Ambassador Program, workshops, and annual Conference, which offers mentoring and life skills. To date, we've touched the lives of over 3,500 young women and girls served.

Forgiving For Living Programs

- **Ambassador Mentoring Program**
- **Workshops & Annual Conference**

Forgiving For Living, Inc. was incorporated in 1999 by Wendy Gladney to help women and girls who suffer from abuse, abandonment and low self-esteem. Coming from a childhood filled with sexual abuse by her father and abandonment by her birth mother, Wendy decided that she wanted to dedicate part of her life to helping others learn how to forgive so they could heal and move forward to enjoy a full and productive life. Through the years Wendy has also experienced divorce, cancer, single parenting and building a business while taking care of her two children. Wendy viewed life's challenges as stepping stones instead of stumbling blocks to help teach others how they too can overcome and be successful. Out of the ashes she developed ten steps that have been a cornerstone in the "Healing Without Hate: How To Forgive To Live" process.

Board of Directors



FOUNDER & PRESIDENT

Wendy Gladney

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Enterprise Founder, Business Leader
Economic Development Strategist
USC



Ambassador Program

Forgiving for Living selects girls, ages 13–18, to participate in the FFL Ambassador Program. As an FFL Ambassador, the young ladies are mentored in the areas of Forgiveness, Life Skills, Community Involvement, Social Etiquette, and Educational Responsibility.

The FFL Ambassador Program provides each young lady a one-on-one relationship with a successful professional woman for the period of 1 year. During this time the Ambassador will receive an enriched, hands-on relationship with their mentor to provide potentially positive lifechanging experiences for both parties.

Ambassadors are mentored individually and conduct community outreach in the greater Los Angeles area and Inland Empire.

All FFLAP mentors are required to administer one-on-one mentoring, attend FFLAP Kick-Off and a monthly workshop, take mentee to observe mentor work environment, and participate in our annual PLUS Awards



"Forgiving For Living sowing into my life has made all the difference at this time of my life." – Asia

BBA BLACK BUSINESS ASSOCIATION
PRESENTS

22ND ANNUAL
SALUTE TO BLACK WOMEN
BUSINESS CONFERENCE, VENDOR FAIRE & AWARDS

Moving Forward Together!
Women Educating & Inspiring Generations

FEATURING
Role Models for Success
YOUTH FORUM
IN PARTNERSHIP WITH
Forgiving For Living, Inc.

JOIN US! **SATURDAY MARCH 29, 2025**
SHERATON GATEWAY LOS ANGELES
EVENT: 8AM TO 4PM
FORUM BEGINS AT 9:30AM

FORUM HOST
WENDY GLADNEY
PRESIDENT, FORGIVING FOR LIVING, INC.

FORUM SPEAKERS
Claire Padmore-Clarke, MBA
OCM Transformation Sr. Analyst
Peppico

Dr. Lauren Walton
Psychiatric, Kaiser Permanente &
Vice President, Forgive For Living
Board of Directors

Brianna Stephens
Ambassador Mentor,
San Bernardino Valley College,
School of Nursing

Rhonda Carter
Optician, Pella & Community

REGISTER TODAY!
BBALA.ORG
INFO: WENDY@FORGIVINGFORLIVING.ORG

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us bank **LA DWP** Los Angeles Department of Water & Power

YOUTH FORUM SPONSORS
NORTHROP GRUMMAN **SoCalGas** **Comerica Bank** **PEPSICO** **abc 7**

Forgiving For Living, Inc. **BBA** Black Business Association
PRESENT
IN PARTNERSHIP WITH **BLACK GIRLS CODE**

**BEATING THE ODDS:
BUILDING A FUTURE
WITHOUT LIMITS**

SARAH HARRIS PRESIDENT & CEO BLACK BUSINESS ASSOCIATION

ANGEL AVILES COMMUNITY STRATEGIST BLACK GIRLS CODE

KOBY LEMOINE PROGRAM MANAGER K-12 PROGRAMS BLACK GIRLS CODE

SELINA SUAREZ SVP, PROGRAMS AND PARTNERSHIPS BLACK GIRLS CODE

WENDY GLADNEY FOUNDER & PRESIDENT FORGIVING FOR LIVING

OCTOBER 22, 2025 * 10:00 AM PDT

LIVE STREAMING **YouTube** **Facebook**

LEARN MORE: BBALA.ORG

Forgiving For Living, Inc. **BBA** Black Business Association **SoCalGas**
PRESENT

**POWER POSING:
CHANGE YOUR BODY.
TO CHANGE YOUR MIND**

Join us for Part 4 of our Young & Empowered Webinar Series, an inspiring Ambassador Program designed to empower young women to become tomorrow's leaders. Presented in partnership with **SoCalGas**, this final session will feature an engaging workshop on how body language can boost confidence and influence both how others see us—and how we see ourselves.

Sarah Harris President & CEO Black Business Association

Kallie Rodgers-Bell Customer Contact Center Supervisor, SoCalGas

Wendy Gladney President Forgive For Living

TUESDAY MAY 20, 2025 10:00 AM PST

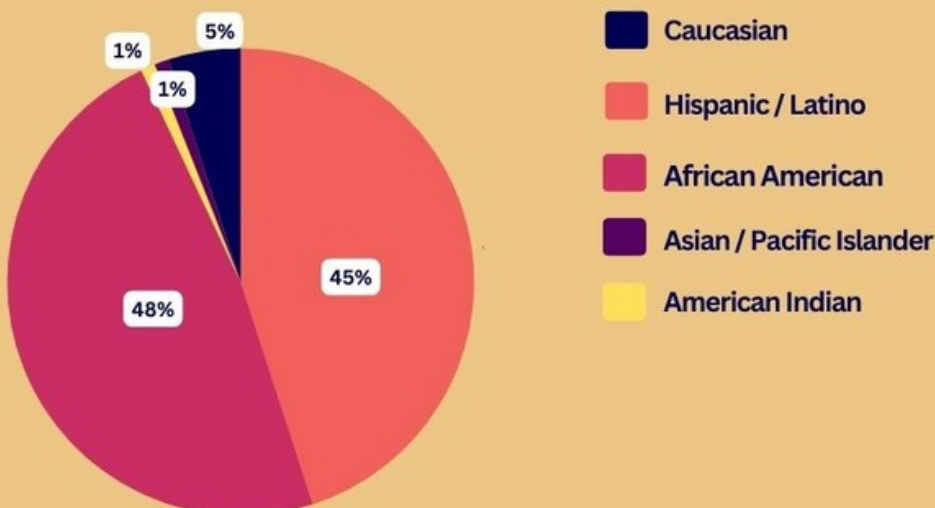
LIVE STREAMING **Facebook** **YouTube**

LEARN MORE: WENDY@FORGIVINGFORLIVING.ORG

Programs by the Numbers

Youth and Young Women served total 400 between in-person, virtual and hybrid events.

Demographics



of the girls we
serve are part of
the
**LGBT
Community**

Congratulations to our
2025 Scholarship Recipients



Adonai Alexander
Lola Hills
Brianna Stephens

FINANCIAL REVIEW

Overview

Beginning Balance	\$45,130
Total 2025 Income	\$35,578
Total 2025 Expenses (Including Scholarships Given)	\$58,920
Ending Checking Balance	\$21,788
Reserves (Savings)	\$22,378
2025 Ending Grand Total (Checking + Savings)	\$44,166

2025 SPONSORS

Sponsors and Supporters



A  Sempra Energy utility



AFRICAN
AMERICAN
ALLIANCE
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SUITE LIFE
CONCIERGE MAGAZINE SOCAL



THRIVENT
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Comerica Bank®

LAUREN WALTON, MD

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(951) 313 - 4732

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Los Angeles, CA 90056

For more information, visit our
programs and visit us online at:
www.forgivingforliving.org

