



a 501 (c) 3, non-profit organization

Annual Report 2018



MESSAGE FROM FOUNDER & PRESIDENT



All of us at Forgiving For Living are grateful for another amazing year. Our wonderful sponsors, supporters and volunteers are the reason we're able to keep working with and supporting at-risk girls from across South Los Angeles and the Inland Empire. The Forgiving For Living Ambassador Program continues to make a difference in the lives of the girls we serve through mentorship, workshops and by providing some with scholarships to advance their education. Throughout the year we held classes using our curriculum, teaching each of them life skills and other tangible skills that can make a positive impact on helping them make positive choices for their future.

During 2018 we saw in the news more about the #MeToo Movement, #BlackLivesMatter, and #GirlsRising just to name a few. Almost weekly we were hearing more about men being accused of sexual harassment towards women, especially in the workplace, and women were standing up for themselves. We believe that there are positive role models of men that respect and love women and despite all the negativity in the world today we want to thank the men that have stood up to be the difference. We thank you for your voice and for helping to right some of the wrongs in society. Our girls need you. The world needs your voice too. It is important for us to make sure girls grow up with proper values of understanding their worth and ability. We need to make sure they are given opportunities to compete and achieve their position in society equally.

We held our 11th Annual PLUS Awards at the Four Seasons Hotel Los Angeles at Beverly Hills where we honored and highlighted the work of individuals in the community that impact others in a positive way, especially girls and women. Honorees included Clifton & Stella Albright receiving the President's Award and Barbara Perkins, Jennifer Newmark, Dr. Louise Stanger, Donald Kinsey and Erika Guinn were each Community Advocate Honorees. Their work and voices stand strong throughout Southern California and beyond by helping to improve the lives of not only youth but the community at large.

During the last quarter of the year we held our annual "Healthy, Wealthy & Wise Conference" at the Boys & Girls Club of Watts/Willowbrook. Over 100 girls came together from across Los Angeles County and were given hands-on instruction by leaders from various fields on how to make healthy, wealthy (financial) and wise decisions for their lives. They were given tools to help them now as well as way into the future. We are grateful for all of the teachers, speakers and volunteers that came out to help make the day a success.

At the end of the day, we could not do what we do without the support of our generous supporters, sponsors and donors. Thank you goes out to Comerica Bank, U.S. Bank, CiT/OneWest Bank, SoCalGas, Torrey Pines Bank, NYX, ABC7, Thrivent Financial, Sydney D. Holland Foundation, Dr. Lauren Walton, Joyce Washington, Dr. Michael Flores, Los Angeles Sentinel, Marqueta Oliver, Disney Volunteers and everyone who donated time and resources. We thank you!

We are looking forward to 2019 being another amazing year. We will continue to break down the walls that hinder our girls from becoming their best selves and we hope that you will stay with us and build lives together.

Sincerely,

Wendy

About Us

Message to Supporters and Friends

Forgiving For Living, Inc. (FFL) was founded in 1999 with the mission to help at-risk girls between the ages of 13-18 overcome behavioral and mental health issues in addition to low self-esteem due to depression, abuse and/or abandonment. We help provide the necessary tools to live a healthy life through our Ambassador Program, workshops, and annual Conference, which offers mentoring and life skills. To date, we've touched the lives of over 3,000 girls.

Forgiving For Living Programs

- ▶ Ambassador Mentoring Program
- ▶ Workshops & Annual Conference
- ▶ Annual PLUS Awards

Forgiving For Living, Inc. was incorporated in 1999 by Wendy Gladney to help women and girls who suffer from abuse, abandonment and low self-esteem. Coming from a childhood filled with sexual abuse by her father and abandonment by her birth mother, Wendy decided that she wanted to dedicate part of her life to helping others learn how to forgive so they could heal and move forward to enjoy a full and productive life.

Through the years Wendy has also experienced divorce, cancer, single parenting and building a business while taking care of her two children. Wendy viewed life's challenges as stepping stones instead of stumbling blocks to help teach others how they too can overcome and be successful. Out of the ashes she developed ten steps that have been a cornerstone in the "Healing Without Hate: How To Forgive To Live" process.





Our Vision

The Vision of Forgiving For Living, Inc. is to give our girls hope and purpose through understanding the power and importance of forgiveness. We hope to restore one's self esteem, self-confidence and provide tools for a better and more productive life.



Board of Directors

FOUNDER & PRESIDENT

Wendy Gladney

BOARD CHAIR

Sarah R. Harris
President/Publisher,
SuiteEvents

BOARD VICE CHAIR

Lauren Walton, MD
Addiction Psychiatrist

BOARD TREASURER

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Regional Director, INROADS

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Author and Speaker

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Executive Director,
USC Black Alumni Association

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BOYS & GIRLS CLUBS
OF METRO LOS ANGELES





PROGRAMS

Ambassador Program

Forgiving for Living selects girls, ages 13-18, to participate in the FFL Ambassador Program. As an FFL Ambassador, the young ladies are mentored in the areas of Forgiveness, Life Skills, Community Involvement, Social Etiquette, and Educational Responsibility.

The FFL Ambassador Program provides each young lady a one-on-one relationship with a successful professional woman for the period of 1 year. During this time the Ambassador will receive an enriched, hands-on relationship with their mentor to provide potentially positive life-changing experiences for both parties.

Ambassadors are mentored individually and conduct community outreach in the greater Los Angeles area and Inland Empire.

All FFLAP mentors are required to administer one-on-one mentoring, attend FFLAP Kick-Off and a monthly workshop, take mentee to observe mentor work environment, and participate in our annual PLUS Awards.



“You took the time to talk to us about things our parents never did.” - Asia





PROGRAMS

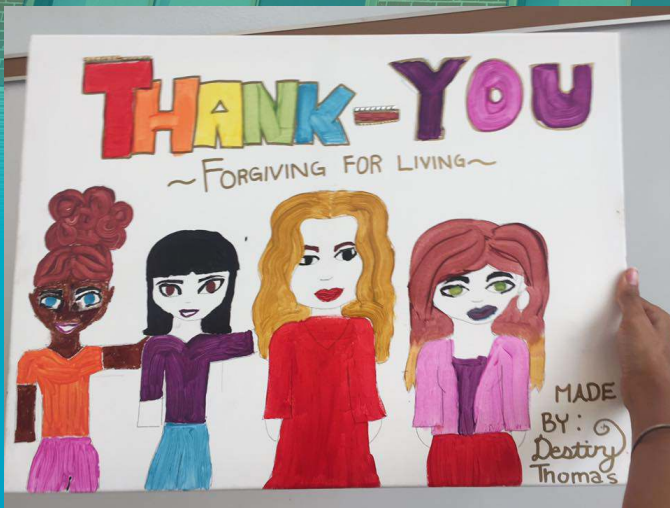
Watts Willowbrook (Boys & Girls Clubs of Metro Los Angeles)

Forgiving For Living, Inc. provides an approved on-going curriculum to young ladies in both the Los Angeles & San Bernardino Counties. The curriculum focuses on helping restore and build up the self-esteem of at risk girls who may have a difficult time believing in themselves. We also believe it is important to provide them with mentoring and life skills that will carry them beyond high school and college. These skills include financial literacy, as well as exposing them to resources and opportunities to increase their success in life. Upon completing the necessary steps and requirements the young ladies can qualify and apply for an academic scholarship.



“Forgiving for Living is a reminder that I’m free to be me. And to be kind to myself and to others.” - Victoria





“You taught us about *life*.
This program was very *empowering*.
It gave me *confidence*.”
- *Destiny*

Words the girls picked
that remind them of FFL:

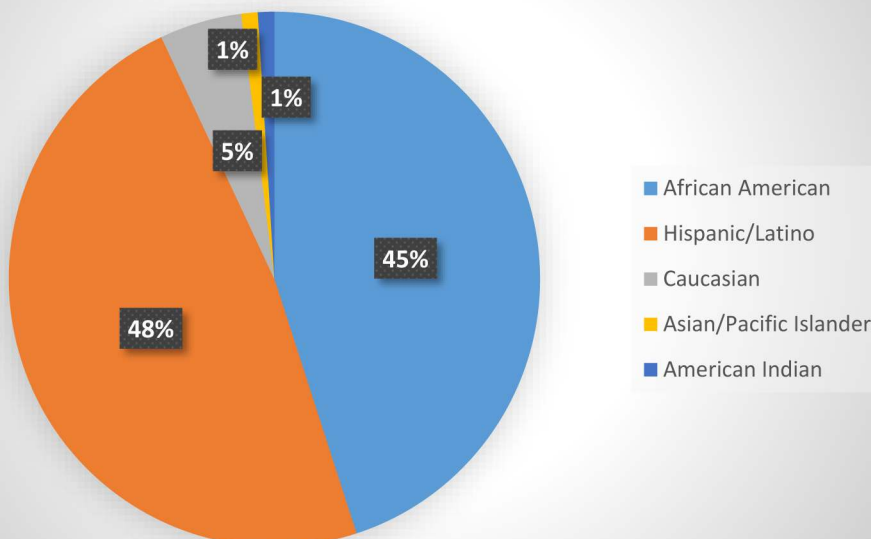
Love
Warrior
Hope
Believe
Trust



Programs by the Numbers

(Youth (Girls) between the ages of 10 - 17. Total served in 2017 = 310 Young Ladies)

Demographics



10%

of the girls
we serve are
part of the

**LGBT
COMMUNITY**

11th Annual PLUS Awards Brunch & Auction

Sunday, April 22, 2018
Four Seasons Hotel Los Angeles
at Beverly Hills

President's Award
Clifton & Stella Albright
Attorneys at Law, Albright, Yee & Schmit, APC

Community Awards

Erika Guinn
Global Director, Education & Training, NYX Cosmetics

Donald Kincey
SVP, CA Community Affairs & Corp. Comm., Comerica Bank

Jennifer Newmark
Catering Manager, Four Seasons Los Angeles at Beverly Hills

Barbara Perkins
Life Coach, Author & Spiritual Practitioner

Dr. Louise Stanger, Ed.D., LCSWCIP
Author, Educator, Speaker & Interventionist

Mistress of Ceremonies

Veronica Miracle
General Assignment Reporter, ABC7 Eyewitness News

You are cordially invited

Forgiving For Living, Inc.
PRESENTS THE

**11TH ANNUAL
Plus Awards
BRUNCH & AUCTION**

Honorary
Wendy Gladney
Founder & President

Emcee
Veronica Miracle
General Assignment Reporter, ABC7 Eyewitness News

PRESIDENT'S AWARD
Clifton & Stella Albright
Attorneys at Law, Albright, Yee & Schmit, APC

2018 Honorees

COMMUNITY AWARDS

 Barbara Perkins Life Coach, Author & Spiritual Practitioner	 Jennifer Newmark Catering Mgr, Four Seasons Los Angeles at Beverly Hills	 Dr. Louise Stanger Ed.D., LCSWCIP Author, Educator, Speaker & Interventionist	 Donald Kincey SVP, CA Community Affairs & Corp. Comm., Comerica Bank	 Erika Guinn Global Director, Education & Training, NYX Cosmetics
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ENTERTAINMENT BY SAXOPHONIST J. BOYKIN

SUNDAY, APRIL 22, 2018
11:00AM - 2:00PM
FOUR SEASONS HOTEL LOS ANGELES AT BEVERLY HILLS
300 SOUTH DOHENY DRIVE
LOS ANGELES, CALIFORNIA 90048

REGISTER:
SUITEEVENTS.COM/PLUSAWARDS2018
INFO: (951) 313-4732

Sponsored by

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usbank **DSD** **SYDNEY D. HOLLAND FOUNDATION**

abc **Lauren Walton, MD** **SENTINEL**

SuiteEvents **Scheduled Affairs** **Sabina Marie PHOTOGRAPHY**

The PLUS Awards, an annual fundraiser that benefits Forgiving For Living, Inc., links together gatekeepers in the political, corporate and community arenas and advocates to recognize their achievements and efforts in making a difference in the lives of others.

Forgiving For Living, Inc.
a 501(c)(3) nonprofit organization





7th Annual Healthy, Wealthy & Wise Conference

Saturday, October 6, 2018
Watts Willowbrook Boys & Girls Club

PROGRAM PARTICIPANTS

Keynote Speaker

Dr. Meghan Nicole Brewer

College and Career Counselor &
Owner, Destiny College and Career Advising

WORKSHOP SPEAKERS

Paula Bond

Facilitator of Future Success,
Know Better To Do Better

Christina D. Ford

Actress & Founder, Fit 4 LYFE

Erika Guinn

Global Director Education &
Training, NYX Cosmetics

Myara Langley

Retail Personal Banker,
Comerica Bank

Janet Ifekwunigwe

Sales Executive, AT&T

Kerry Neal

Founder & CEO,
Urban Birds & Bees

Dr. Lauren Walton

Addiction Psychiatrist

Gloria Zamora

Retail Personal Banker,
Comerica Bank

WELCOME

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PRESENTS IN PARTNERSHIP WITH

Comerica Bank



BOYS & GIRLS CLUBS
OF METRO LOS ANGELES



Head
Wendy Gladney
President & CEO

The 7TH ANNUAL
**HEALTHY, WEALTHY
and WISE** Conference

SATURDAY,
OCTOBER 6, 2018

8:00AM - 2:00PM

Watts Willowbrook
1339 East 120th Street
Los Angeles, CA 90059

- Workshops
- Speakers
- Lunch
- Giveaways!

KEYNOTE SPEAKER
DR. MEGHAN NICOLE BREWER
College and Career Counselor
Owner of Destiny College and Career Advising



WORKSHOP SPEAKERS



PAULA BOND
Facilitator of Future Success,
Know Better To Do Better



CHRISTINA FORD
Actress & Founder,
Fit 4 LYFE



ERIKA GUINN
Global Director
Education & Training,
NYX Cosmetics



JANET IFEKWUNIGWE
Sales Executive,
AT&T



KERRY NEAL
Founder & CEO,
Urban Birds & Bees



DR. LAUREN WALTON
Addiction Psychiatrist



MYARA LANGLEY
Retail Personal Banker,
Comerica Bank



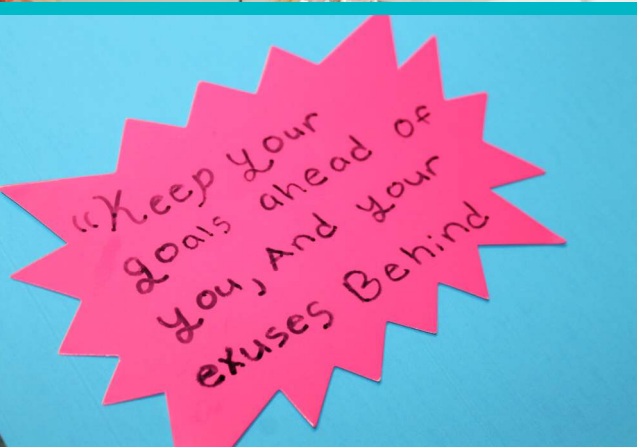
GLORIA ZAMORA
Retail Personal Banker,
Comerica Bank

SPONSORED BY



The Healthy, Wealthy, & Wise Conference is an annual event designed to provide information and awareness in the areas of developing and leading healthy lifestyles, fitness & nutrition, financial literacy, college preparedness, self-esteem, and goal setting. Working professionals donate their time by providing valuable tools and knowledge in their areas of expertise in our workshops. These tools and information are provided to assist the youth with making wise choices in life.





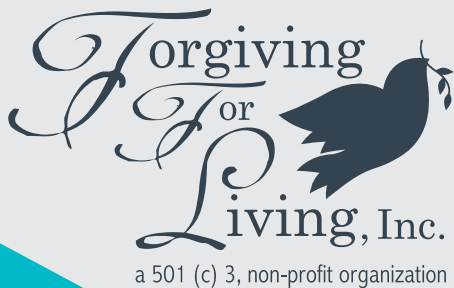
Financial Review

REVENUE

Corporate Grants	\$28,000
Donations/Fundraising	\$54,118
Board Support	\$4,690
Total 2017 Revenue:	\$86,808

OVERVIEW

Beginning Balance	\$38,785
Total Revenue Raised in 2018	\$86,808
Total 2018 Expenses	\$108,542
Ending Checking Balance	\$17,051
Balance in Savings	\$18,121
Grand Total:	\$35,172





2018 Sponsors

& Supporters
(In-Kind Donations)



OneWest Bank[®]
A Division of CIT Bank, N.A.



SYDNEY D. HOLLAND
FOUNDATION



LAUREN WALTON, MD



Sabra Marie
PHOTOGRAPHY





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INLAND EMPIRE:
PO Box 1313
Upland, CA 91785
(951) 313-4732

For more information
about our programs,
visit us online at:
www.forgivingforliving.org

LOS ANGELES:
4859 W. Slauson Avenue #449
Los Angeles, CA 90056
(951) 313-4732



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