

Forgiving For Living Girls!



a 501 (c) 3, non-profit organization

Annual Report 2024





MESSAGE FROM FOUNDER & PRESIDENT

2024 was an exciting year because we celebrated our 25th Anniversary as an organization serving and empowering young women in Los Angeles, San Bernardino, Riverside, and Orange Counties. We celebrated by bringing back the Plus Awards and honoring a host of special people who have made an impact on not only our local community, but also on a national level.

We are also happy that we were able to continue our Ambassador Program by partnering with the Boys and Girls Club of Metro Los Angeles, Positive Results Center (PRC), and the African American Alliance Fund (AAAF). We are grateful to all of the nonprofits that we have been able to sow into, as well as the ones who have helped us along our journey.

I want to thank Sarah Harris, Board Chair, Dr. Luaren Walton, Vice Chair, Bryan Barnes, Treasurer, Sabra Marie, Secretary, and Eric Brown, Member at Large. We also know that without our committed sponsors and grantors we could not do the work we do to make a difference in so many lives. Thank you SoCalGas, Comerica Bank, U.S. Bank, KABC7, California Wellness Foundation, Suite Life SoCal Magazine, Sabra Marie Photography, and Thrivent.

On behalf of all of us at Forgiving For Living, we thank you for standing with and by us for the past twenty-five years.

Healing Without Hate: It's a Choice, It's a Lifestyle,
Pass it On!

About Us

Message to Supporters and Friends

Forgiving For Living, Inc. (FFL) was founded in 1999 with the mission to help at-risk girls between the ages of 13-18 overcome behavioral and mental health issues in addition to low self-esteem due to depression, abuse and/or abandonment. We help provide the necessary tools to live a healthy life through our Ambassador Program, workshops, and annual Conference, which offers mentoring and life skills. To date, we've touched the lives of over 3,000 girls.

Forgiving For Living Programs

- ▶ Ambassador Mentoring Program
- ▶ Workshops & Annual Conference

Forgiving For Living, Inc. was incorporated in 1999 by Wendy Gladney to help women and girls who suffer from abuse, abandonment and low self-esteem. Coming from a childhood filled with sexual abuse by her father and abandonment by her birth mother, Wendy decided that she wanted to dedicate part of her life to helping others learn how to forgive so they could heal and move forward to enjoy a full and productive life.

Through the years Wendy has also experienced divorce, cancer, single parenting and building a business while taking care of her two children. Wendy viewed life's challenges as stepping stones instead of stumbling blocks to help teach others how they too can overcome and be successful. Out of the ashes she developed ten steps that have been a cornerstone in the "Healing Without Hate: How To Forgive To Live" process.



Board of Directors

FOUNDER & PRESIDENT

Wendy Gladney

BOARD CHAIR

Sarah Harris
President/Publisher,
SuiteEvents

BOARD VICE CHAIR

Lauren Walton, MD
Addiction Psychiatrist

BOARD TREASURER

Bryan O. Barnes
Regional Director, INROADS (Retired)

BOARD SECRETARY

Sabra Marie
Freelance Photographer, Writer &
Community Relations Consultant

MEMBER

Eric R. Brown
Senior Vice President
BRIDGE Housing

Advisory Council

Charisse Bremond-Weaver
President & CEO,
Brotherhood Crusade

Darrell R. Brown, Retired
Senior Vice President,
U.S. Bank, Greater Los Angeles Region

Karen E. Hudson
Director,
Paul R. Williams Architectural Collection

Michèle G. Turner, Ph.D
Executive Director
USC Black Alumni Association

"POWER OF COMMUNITY CONNECTIONS"

"IMPACTING BUSINESS BY BUILDING HEALTHY COMMUNITIES."



PROGRAMS

Ambassador Program

Forgiving for Living selects girls, ages 13-18, to participate in the FFL Ambassador Program. As an FFL Ambassador, the young ladies are mentored in the areas of Forgiveness, Life Skills, Community Involvement, Social Etiquette, and Educational Responsibility.

The FFL Ambassador Program provides each young lady a one-on-one relationship with a successful professional woman for the period of 1 year. During this time the Ambassador will receive an enriched, hands-on relationship with their mentor to provide potentially positive life-changing experiences for both parties.

Ambassadors are mentored individually and conduct community outreach in the greater Los Angeles area and Inland Empire.

All FFLAP mentors are required to administer one-on-one mentoring, attend FFLAP Kick-Off and a monthly workshop, take mentee to observe mentor work environment, and participate in our annual PLUS Awards



Forgiving
For
Living, Inc.
a 501 (c) 3, non-profit organization



Comerica Bank

PRESENT

FINANCIAL LITERACY FOR *Beginners*



MON., APRIL 29, 2024
5:00 - 6:00 PM PST

SPEAKERS



JAVIER



CHRISTOPHER

VIRTUAL ZOOM: bit.ly/financialliteracyforyoungpeople

[Forgivingforliving.org](https://forgivingforliving.org)

"You took the time to talk to us about things our parents never did." - Asia



Positive Results Center
PRC

Presents

LET'S TALK ABOUT SA

with Wendy Gladney

Childhood SA survivor and CEO of Forgiving For Living non-profit.

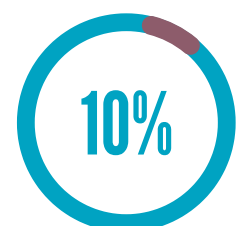
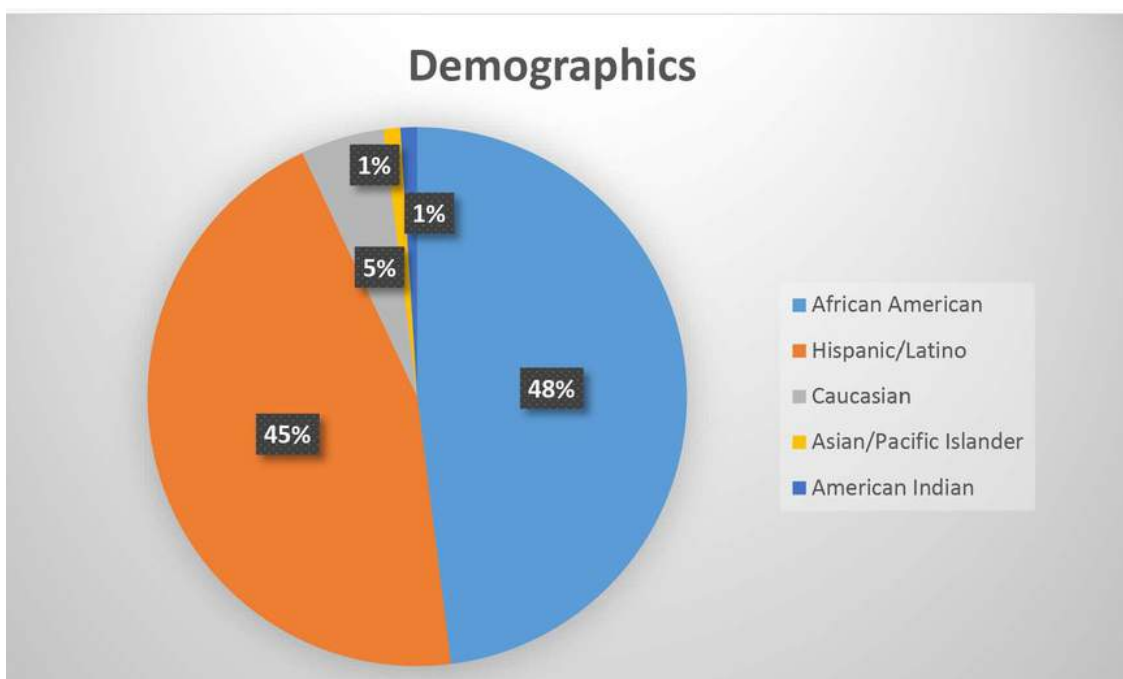
Friday, April 12, 2024 at 4:00 PM
Register: <https://bit.ly/letstalksawendy>

Will be streamed on Facebook and Instagram



Programs by the Numbers

(Youth (Girls) between the ages of 10 - 17. Total Served in 2024 = 350 girls in a combination of in-person, virtual, and hybrid



of the girls we serve are part of the

LGBT COMMUNITY

Forgiving For Living Celebrates *25 Years of Service*

Forgiving For Living, Inc.

PRESENTS

14TH ANNUAL

Plus Awards BRUNCH

HOSTED BY:
WENDY GLADNEY
FOUNDER & PRESIDENT

HONORING

PRESIDENT'S AWARDEE
CHERYL KUNIN FAIR
PRESIDENT AND GENERAL MANAGER
KABC-TV



COMMUNITY AWARDEES



KIM ANTHONY-MORROW

FOUNDER,
URBAN EXCELLENCE
INSTITUTE



RAHEL COOK

ASSISTANT VICE PRESIDENT/
PRIVATE WEALTH ADVISOR
PARTNER, U.S. BANK



AARON A. WALTON

PRESIDENT,
CHEYNEY UNIVERSITY
OF PENNSYLVANIA



TAMMY TUMBLING

PRESIDENT,
ORANGE COUNTY
COMMUNITY FOUNDATION



TRISHA MUSE

DIRECTOR OF
COMMUNITY RELATIONS,
SOCALGAS

Save The Date

SUNDAY, MARCH 17, 2024
11:00AM - 2:00PM

HILTON LOS ANGELES CULVER CITY HOTEL
6161 W. CENTINELA AVENUE, CULVER CITY, CA 90230

SPONSORED BY



usbank



Comerica Bank



SUITE LIFE



SPONSORSHIPS AVAILABLE. INQUIRE TODAY AT (951) 313-4732 OR WENDY.GLADNEY@GMAIL.COM
FORGIVINGFORLIVING.ORG

Congratulations to our
2024 Scholarship Recipients



Peyton Veazie

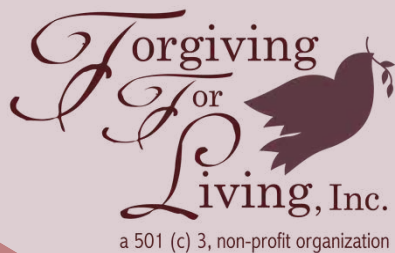


Nytalia Buchanan

Financial Review

OVERVIEW

Beginning Balance	\$39, 147
Total 2024 Income	\$79, 093
Total 2024 Expenses (Including Scholarship Given)	\$45, 130
Ending Checking Balance	\$39, 147
Reserves (Savings)	\$21, 175
2024 Ending Grand Total: (Checking + Savings)	\$94, 285

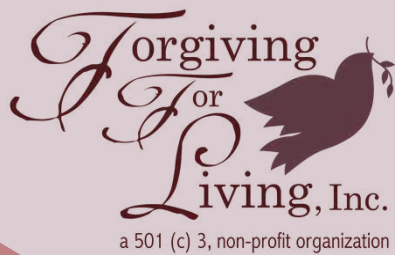


2024 Sponsors

& Supporters
(In-Kind Donations)



LAUREN WALTON, MD





Forgiving For Living, Inc.

a 501 (c) 3, non-profit organization

INLAND EMPIRE:
PO Box 1313
Upland, CA 91785
(951) 313-4732

For more information
about our programs,
visit us online at:
www.forgivingforliving.org

LOS ANGELES:
4859 W. Slauson Avenue #449
Los Angeles, CA 90056



/ForgivingForLiving.Inc



@4giving4living

Tax ID # 33-0883264