

Annual Report 2022







MESSAGE FROM FOUNDER & PRESIDENT

Forgiving For Living, Inc., was established in 1999 with the purpose of helping the lives of girls at risk who need a little help. We have stayed true to that mission even with the setbacks from the pandemic. We want to thank all of our sponsors, friends, and supporters who have stayed with us through thick and thin. I also want to thank the various organizations that we are blessed to partner with such as the Boys and Girls Clubs of Metro LA, Positive Results Center (PRC), and the African American Alliance Fund (AAAF). Together we have made an impact on many lives.

Overall, I would not be able to do what I do without the support of an amazing Board of Directors. Thank you, Sarah Harris, Board Chair, Dr. Lauren Walton, Vice Chair, Bryan Barnes, Treasurer, Sabra Marie, Secretary, and Eric Brown, Member at Large. Together we make a mighty team impacting lives today that will change the world tomorrow.

In closing, thank you to U.S. Bank, Comerica Bank, SoCalGas, The California Wellness Foundation, the African American Alliance Fund, KABC7, Suite Life SoCal magazine, Sabra Marie Photography, Thrivent, and a special thank you to my cousin, Dr. Michael Flores who supported the work of our girls for years. We lost him in June 2022.

Cherish your loved ones while you can. Tomorrow is not promised. Do the most you can each day to make a difference in someone else's life.

Healing Without Hate: It's a Choice, It's a Lifestyle, Pass it On!

Blessings,

Coach Wendy



About Us

Message to Supporters and Friends

Forgiving For Living, Inc. (FFL) was founded in 1999 with the mission to help at-risk girls between the ages of 13-18 overcome behavioral and mental health issues in addition to low self-esteem due to depression, abuse and/or abandonment. We help provide the necessary tools to live a healthy life through our Ambassador Program, workshops, and annual Conference, which offers mentoring and life skills. To date, we've touched the lives of over 3,000 girls.

Forgiving For Living Programs

- ► Ambassador Mentoring Program
- ► Workshops & Annual Conference

Forgiving For Living, Inc. was incorporated in 1999 by Wendy Gladney to help women and girls who suffer from abuse, abandonment and low self-esteem. Coming from a childhood filled with sexual abuse by her father and abandonment by her birth mother, Wendy decided that she wanted to dedicate part of her life to helping others learn how to forgive so they could heal and move forward to enjoy a full and productive life.

Through the years Wendy has also experienced divorce, cancer, single parenting and building a business while taking care of her two children. Wendy viewed life's challenges as stepping stones instead of stumbling blocks to help teach others how they too can overcome and be successful. Out of the ashes she developed ten steps that have been a cornerstone in the "Healing Without Hate: How To Forgive To Live" process.





Board of Directors

FOUNDER & PRESIDENT

Wendy Gladney

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Community Partners





workshop, take mentee to observe mentor work

environment, and participate in our annual PLUS

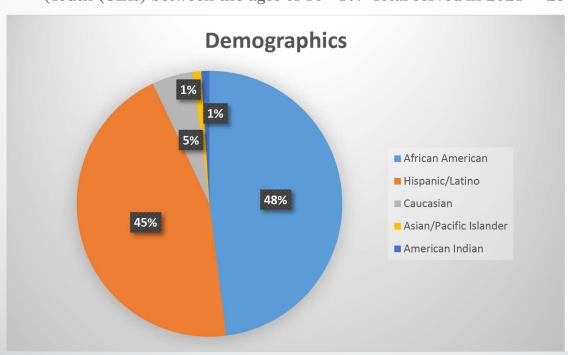
Awards.

"You took the time to talk to us about things our parents never did." - *Asia*



Programs by the Numbers

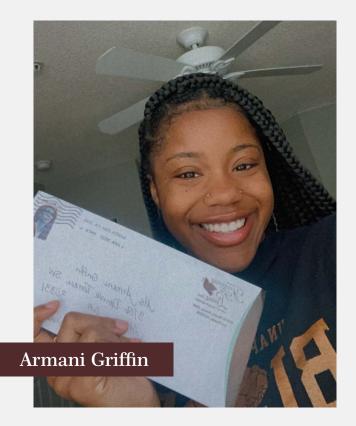
(Youth (Girls) between the ages of 10 - 17. Total served in 2021 = 250 girls virtually!)





Congratulations to our 2022 Scholarship Recipients













ComericA











Financial OVERVIEW Review

Beginning Balance	\$51,781.31
Total 2021 Income	\$42,543.97
Total 2021 Expenses (Including Scholarships Given)	\$62,683.57
Ending Checking Balance	\$31,641.71
Reserves (Savings)	\$22.734.82

2021 Ending Grand Total: \$54,376.53

(Checking + Savings)







2022 Sponsors

& Supporters (In-Kind Donations)















LAUREN WALTON, MD



Sabra Marie PHOTOGRAPHY



DR. MICHAEL FLORES





For more information about our programs, visit us online at: www.forgivingforliving.org

@4giving4living

LOS ANGELES: 4859 W. Slauson Avenue #449 Los Angeles, CA 90056



